

On the Prom

Fall Edition

Promenade Towers Quarterly

October 2008

Our Residents Working Together



Margie Thomsen Planting Flowers

Look out your windows and you'll see green grass where not long ago, there were tire tracks and patches of dirt. This summer you also saw new flowering trees and shrubs.

What brought about this transformation? Promenade Towers residents working together. Early this summer the Grounds Committee met with our landscaping contractor and came up with a plan to undo the damage from the construction project—damage done by trucks, dumpsters, trailers and other equipment. New trees, shrubs and grass required daily watering until they were established. Volunteers Einar Juhlin, Gunnel Hansen, Margie Thomsen and John Rastl took on the task. Margie also is responsible for the three pots of flowers by the front entrance.

Now we're on to another project—painting all three stairwells. Volunteers are saving the association thousands of dollars by taking on this job. Fred Hill, Einar Juhlin, Gunnel Hansen and John Rastl spent days sweeping, vacuuming and washing the stairwells from top to bottom in preparation for painting. Several residents have volunteered to join the next work party when the painting begins. You can read about them in the next edition of *On the Prom*.

Promenade Towers Web Site

Thanks to Bruce Hopkins, our new web site is up and running. Go to www.promenade-towers.org for pictures and helpful information about Promenade Towers and our neighborhood. Show your friends our condo community and all that it has to offer by sharing the web site. It's also a good tool for realtors who want to learn more about our property.

The *Neighborhood* page tells about our enviable location on the Eastern Promenade. You'll find links to many destinations in downtown Portland, the Old Port and here on Munjoy Hill. You can click on neighborhood restaurants for menus and reviews. When you read this page you'll be reminded why you moved to Promenade Towers.

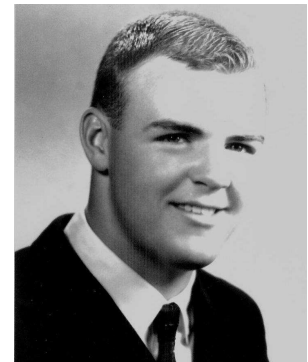
The *Property* page explains the history of our building. It describes our units and building design and has detailed information about renovations, security and association management.

A password is required to enter the *Residents Only* page. To get the password, see Pauli Daniels in the office; then visit this page for a wealth of information. For instance, if you want to call a neighbor to let them know you're going to be away or maybe invite them to happy hour, you'll appreciate the phone list. There are a few residents who chose not to be listed, but most numbers are there. You can read past newsletters and a list of movies that are in our condo library. You'll also find the By-Laws on this page, along with the Rules and Regulations, the Budget and other financial information, Board meeting minutes and more.

We can thank our webmaster, Bruce Hopkins, for all the hours he has spent creating our web site and keeping it up to date.

Know Your Neighbors Contest

We had a variety of guesses for last edition's contest, but only three guessed correctly that the neighbor in the photo was Renee Boyle. Congratulations to Tom Erskine, Len Ney and Margie Thomsen. The prize went to Len when his name was drawn from this group of winners. Here's another photo for you. Call or email your guess to Judith Rastl (775-1190 or jrastl@earthlink.net).



Quarterly Profile



Gunnel Hansen and Einar Juhlin - #154

Gunnel Hansen was walking along Exchange Street and noticed a flyer in a store window. The flyer announced a get-together being held by a Scandinavian organization. That was five years ago, and Gunnel, a widow, went to the event hoping to meet some Swedish people.

There she met Einar Juhlin, a widower, and the only other person in the group who spoke Swedish. That evening she accepted his invitation to dinner to meet some of his friends who also spoke Swedish. Gunnel enjoyed meeting Einar's friends and was impressed with the gourmet dinner he prepared. They discovered they had many common interests and shared a background in medicine.

Gunnel, a registered nurse, was born in Stockholm and grew up on the east coast of Sweden. She married a U.S. Navy officer and has lived in Germany and Canada and, in 1980, came to the United States with her husband and children. While living in Fairfax County, Virginia, she opened child-care centers for teenage mothers at two schools so these students would be able to finish high school.

Einar, a doctor whose parents were immigrants from Sweden, was born in Chicago and grew up there. He went to college at the University of Chicago and the University of Illinois and to medical school at the University of Lund in Sweden. He practiced in Sweden, New York and New Jersey and was an associate clinical professor in dermatology at Columbia Presbyterian Hospital in New York City.

Both Einar and Gunnel enjoy skiing and often go to Sugarloaf and other ski resorts in the area. They love to travel and have gone to New Zealand, Australia, Austria, Germany, France and, of course, Sweden. Twice they have driven across the U.S. They like to visit nearby places, too. "Mackworth Island is one of my favorites," said Gunnel.

When asked what they like about living in Portland, Einar said, "Everything!" Gunnel said, "It's a small city but it offers so much." Residents at Promenade Towers appreciate all that Einar, a past Board member, and Gunnel do for our condo community. This year when new trees and shrubs were planted on our grounds and needed daily watering, Einar and Gunnel volunteered. They also gave days of their time on the stairwell project, preparing one of the stairwells for painting.

Gunnel likes living at Promenade Towers. She appreciates the security of the building and the location. Einar especially enjoys the view and says, "In all my travels, I have never seen anything that can match it." Then he adds, "Our neighbors are fantastic!" Gunnel agrees.

Annual Meeting

At the Annual Meeting on September 10, Len Ney and Treasurer John Rastl were re-elected to the Board of Directors for a term to expire in 2011. Other directors and the years their terms expire are Cynthia Widdows and President Jim Zafirson in 2009 and Bruce Hopkins, Stu Peller and Secretary Margie Thomsen in 2010.

Helpful Reminders

- Low-energy compact fluorescent light bulbs contain mercury. Do not put used bulbs in the trash chute. Bring them to the trash room and place them in the box in the far right-hand corner.
- The city considers our building "commercial" and does not provide recycle pickup. The bins in the closet are only for redeemables with a cash refund value and are picked up by a charity.

Hello to New Neighbors

Welcome to new residents: Madeline Hill (238); Karen Caines (116); John Edwards (144); Ken & Janet Bauder (231); and Perry Hudson (227).