

# On the Prom

Fall Edition

Promenade Towers Quarterly

October 2013

## Promenade Towers says Farewell to Pauli



“Oh, Wow!” That’s what people were saying when they walked into the Community Room on the night of August 28. They saw the stage lighting and artistic decorations and knew right away that this was going to be one great party. That was the night that more than eighty of us came to say farewell to Pauli Daniels.

Pauli has been our Office Manager, the face of our Association, since 2002. She said she’ll miss the people here. We’ll miss her, too—her energy, her smile and her dedication—but we congratulate her on her retirement and wish her well. Pauli is moving back to her hometown. She bought a condo in Waterville and is looking forward to being near her family and many longtime friends.

We were entertained at the party by a slide show created by Michael McDade—“Pauli” pictures set to music. The slide show was followed by live music, a tribute to Pauli written and performed by Alex Borynack and Chuck Rose. Pauli received awards, gifts, flowers and lots of hugs. Yep, it was one great party! We thank the new Social Committee chair Tammy McDade and the rest of the committee for organizing this event and giving us the opportunity to come together to say goodbye to Pauli Daniels.

## Association Holds Annual Meeting

Association members held their Annual Meeting on September 11 and re-elected Bruce Hopkins and Gunnel Hansen to the Board of Directors.

Members also voted to approve the Amended and Restated Declaration and By-Laws. Officers elected by the Board were President Jim Zafirson; Treasurer John Rastl; and Secretary Margie Thomsen.

## Residents Enjoy 2nd Annual Lawn Party



Bill Fulton and Mark Rockwood at the Party

Last year’s lawn party was such a success that the Social Committee decided to make it an annual event. Like last year, on a perfect summer evening residents played croquet and enjoyed visiting with neighbors, many who are only here in the summer. Some head south to Florida, Texas or South Carolina for the winter months. Frank and Jane Walsh (shown at right) live in Mauritania in West Africa where Frank is a school administrator. Jane said, “We’ve enjoyed coming here every summer for 17 years.” She commented on changes here and said, “The new pool furniture is beautiful and very comfortable. The place looks fabulous.”



The lawn party was Neila Smith Rockwood’s last as chair of the Social Committee; however, Neila will continue to work with Dave and Sheila Mathieu, Carol Patterson, Tom Leonhardt and the new chair Tammy McDade. We appreciate these volunteers who contribute to the strong sense of community at Promenade Towers and look forward to the annual Holiday Party in December.

## Quarterly Profile



**Ann Magner and Mark Grohman #228**

Do you know what a hospitalist is? I didn't until I talked to Mark Grohman. Mark, who is a hospitalist, explained that it is rare now for patients to be seen by their own doctors while they are in the hospital. They are likely to be seen by a hospitalist, a doctor who specializes in the care of hospitalized patients.

Depending on your age, you also may or may not know about geriatricians, doctors who specialize in caring for older patients. Our neighbor, Ann Magner is a geriatrician.

Ann and Mark met when they were in medical school at the University of New England. Now Ann is a geriatrician at Maine Medical Center. "I love my job," said Ann. Mark, who works at Southern Maine Medical Center in Biddeford, says that he likes helping people when they are most ill and finding a way to get them home and out of the hospital.

Ann is a city girl who grew up in the Boston area. Mark was born in California but grew up in Maine. Mark's mom, Joann S. Grohman, has a farm in Carthage, Maine and wrote the book *Keeping a Family Cow*. Mark said, "My mom is interested in self-sufficiency. She has a big garden and raises a dairy cow on her farm."

Mark and Ann celebrated their fifth wedding anniversary this year. Their work schedules don't allow them much time for travel, but they felt like they were on vacation right here in Portland. "We had a chunk of time in August," said Ann. "We enjoyed going to the farmers market, and we went out on the schooner Bagheera." They also enjoy

Portland's restaurants, like Pepperclub, Duckfat, and in our neighborhood, Blue Spoon. Mark said, "We like going out to eat and finding new places."

Mark does long, sometimes 30-mile bike rides. Ann says, "I'm more like a kick-around-town rider." She also walks and runs on the Prom and along Back Cove. In July she and Mark's daughter, Hailey, ran in the Shipyard Old Port Half Marathon.

In the winter Ann and Mark use the fitness room at Promenade Towers. In the summer they like sitting on their poolside deck, and they love the pool. So does Hailey when she's home from college in Vermont. They like our location and being in a secure building and said that when they first saw this place they fell in love with it. Mark said, "There are a lot of nice people here, and being near the park and the ocean is pretty great."

### Another New Amenity

A charcoal grill has been installed behind the pool area. Residents are using this new amenity and then dining by the pool. You'll find a sign-up sheet in the Mail Room to reserve a time to use the grill.

### Unit Door Project Completed



Remember the unit door project that you read about in the last newsletter? We had Stephen Schools, the contractor who painted the common areas in 2008 during our building construction and renovation project, come in and paint all unit doors and high-traffic areas. Then volunteers Barry Glew, Fred Hill and John Rastl, along with Maintenance Custodian Joe Coyne, installed kick plates on the doors. The project is now complete.

### Hello to New Neighbors

Welcome to new residents: Burke Fournier; Charles Smith; Tanay & Jerika Patel; Charles Vrtis; and Komala Ramesh.