

On the Prom

Winter Edition

Promenade Towers Quarterly

Winter 2015

New Project in Progress



Bicycle Storage Room Coming Soon

With popular trails nearby, it's no wonder that more and more of our residents own bikes. Portland is a bike-friendly city, and some new condo developments include bicycle storage in their plans. Many existing condo associations don't have the space to add this amenity, but fortunately, we do have the space to convert to a bicycle storage room.

The photo above shows the old locker room that is located by the door that goes out to the pool. Contractors have removed the lockers, saunas and several walls. The bathrooms have been reconfigured and new lights installed. Len Ney and John Rastl have been directing the project which will include multiple bike racks. Bike owners at Promenade Towers are looking forward to this benefit, which is also an amenity that attracts new buyers to our property.

Residents Enjoy Annual Holiday Party

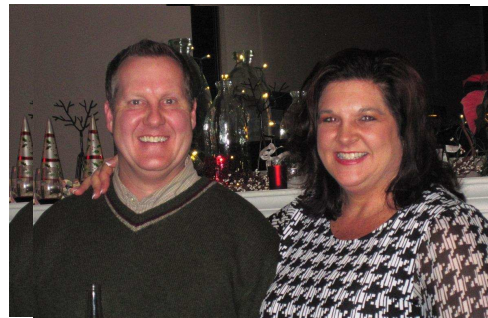
New and longtime residents gathered in the Front Lobby on December 9 to celebrate the holiday season. "What a fun group," said Neila Smith. Neila and the rest of the Social Committee threw another wonderful party for us.

A lavish spread of food was provided by residents, while bartenders Tom Leonhardt and Dave Mathieu served wine, beer and soft drinks. It was a rainy night, a good time to be inside visiting with friends by the fireplace. Look at the rain on the

windows behind our newest resident Rachel Giroux in this photo below.



Other new residents Chris and Michelle Powers (shown below) enjoyed the party. "It's a nice way to get to know people," said Michelle. "Everyone is very warm and welcoming."



The Holiday Party and the annual Lawn Party in the summer are perfect opportunities to meet our



neighbors. Among the partiers at this event were Ken and Shelley Burek. Shelley (on the left with Kathleen Kerr in the above photo) said, "Ken and I love it here." That's a sentiment often shared by others at Promenade Towers.

New Mailboxes Coming in the Spring

Isn't it a pain digging out all the mail that's stuffed into our narrow outdated mailboxes? Change is coming—new bigger and better mailboxes have been ordered and will be installed in the spring.

Quarterly Profile



George Petkov & Polina Inkoulova #232

Fourteen years ago a young couple from Bulgaria arrived in the United States with \$2,000. They thought that was a huge amount of money until they found out it covered only one month's rent and security deposit. Oh, and except for a few words, they didn't speak English. They've come a long way since then.

We're talking about our neighbors, Polina Inkoulova, a successful doctor, and George Petkov, a talented professional photographer. Polina and George, who have been married eighteen years, met when George's mother was sick and Polina helped with her care. George said, "Back home Polina was a surgeon. She worked in the biggest emergency hospital in the capital of Bulgaria." Now Polina works at Central Maine Medical Center in Lewiston. "I do mostly critical care," said Polina. "I've been in medicine for 21 years."

Before moving to Maine, George and Polina lived in New York City for six years. George used to do web design and owned a small company there. Photography was just a hobby to him, a hobby he started when he was thirteen years old. During her training, Polina used some of George's photos in her PowerPoint presentations. She says that when people saw the photos, they'd say, "Wow!" They were amazed. George's photos truly are amazing. Go to www.preciousmemoriesbygeorge.com and see for yourself. With encouragement from Polina, George's hobby eventually became his profession.

A hobby that George and Polina share is one that is part of his work—travel. They take trips at least ten times a year and spend time hiking, climbing and parasailing, as well as taking pictures of

people and places. The list of countries they've visited is too long to include here, but if you go to George's website, you'll see incredible photos he's taken on five continents. The photo of them at the top of this page was taken on a glacier near Mt. McKinley, Alaska.

You may wonder how a busy doctor can get away from work so often. Polina says, "I work shifts, long stretches on and long stretches off. The shifts are usually fourteen hours. I cover shifts for others in my group up to twenty days at a time so I can take time to travel."

When not traveling, Polina and George enjoy the time they spend in Portland. "It's the right size city," says George. They like walking to restaurants and along the water and the trails. Here at Promenade Towers they work out in the Fitness Room and in the summer spend time at our pool.



Above is a photo of George and Polina in their condo here that they bought four years ago. They have, indeed, come a long way and will continue to do so. How far? Well, this month they will go 19,341 feet when they climb Kilimanjaro, the highest mountain in Africa. That is a long way!

Help Wanted—Volunteer Webmaster

Bruce and Marion Hopkins will be moving from Promenade Towers in a few months, and they will be missed. Soon we will need a replacement for Bruce, our webmaster, who developed and has maintained our website for several years.

If you have questions about this volunteer position and the opportunity to get involved in our condo community, call John Rastl at 207-450-7589 or email JRASTL5@gmail.com.

Hello to New Neighbors

Welcome to new residents: Rachel Giroux; and Geoffrey Minte